



# SWIM LESSONS 2021

TUESDAY Starting October 26th		WEDNESDAY Starting October 27th		SATURDAY Starting October 30th		SUNDAY Starting October 31st	
TIME	GROUP	TIME	GROUP	TIME	GROUP	TIME	GROUP
10am	Parent and Baby (4-18mts) (30 MIN)	3.30pm	Frogs Sharks Tadpoles	9am	Goldfish Frogs Penguins Tadpoles	9am	Goldfish Seals Tadpoles
10.30am	Parent and Tots (18mts - 3yrs) (30 MIN)	4.15pm	Frogs Goldfish Seals Tadpoles	9.45am	Parent and Baby (4-18mts) (30 MIN)	9.45am	Frogs Pre-school (3-5yr) (30 MIN) Penguins
12.45pm	Pre-school swim (3-5yr) (30 MIN)	5pm	Frogs Penguins Goldfish Tadpoles		Penguins Seals Sharks		
3.30pm	Goldfish Frogs Penguins Tadpoles	5.45pm	Tadpoles Rookie Lifeguard	10.20am	Parent and Tots (18mts - 3yrs) (30 MIN)		
4.15pm	Frogs Goldfish Seals Sharks	6.30pm	Teen Active	10.30am	Tadpoles		
5pm	Goldfish Seals Stingrays Tadpoles						
5.45pm	Frogs Penguins Lane swim Goldfish						
7pm	Adults						

Cost members €90 (child must be a member) / non-members €110

Parent and Baby/Tots €110 (members/non-members)

Booking opens Monday 9th August for current swimmers & Tuesday 17th August for new swimmers

A limited number of swim assessments are available if you are unsure of the ability level – contact reception for details

To book, call us +353 (0) 46 954 0020  
or email [leisure.reception@thejohnstownestate.com](mailto:leisure.reception@thejohnstownestate.com)