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Sunday Life 10 November 2019

CHRISTMAS

DE-LIGHTS

10 November 2019 Sunday Life

CHRISTMAS is coming... and the festive illuminations at Titanic Belfast are set to burst into life on November 24 to welcome Father Christmas but the attraction is looking for someone special to swit



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Sv Martin Breen

HAVE just found my perfect country retreat and it is only two hours drive from Belfast.

Filled with history, character and warmth. The Johnstown Estate in Enfield. Co Meath, exudes Georgian splendour and modern day luxury.

The 127-bedroom hotel, owned by a Northern Irish businesswoman and her husband, has an 18th century rural residence at the heart of the estate.

My partner and I stayed there for a recent weekend escape and were blown away by the building itself, the food, the service and the spa

After checking in we enjoyed a wonderful afternoon tea which included a selection of andwiches, sweet pastries and petits fours. All were accompanied by your choice of Bew-ley's herbal and green teas or freshly-brewed coffee

The location for afternoon tea - in the hotel's atrium - really has the wow factor. With soft velvet wing-backs in cosy corners, vibrant and original Irish art and luxurious bespoke carpet. all bathed in light from the double height windows and glass ceiling, it is the ideal location to sit for hours on end and relax.

The atrium attracts a mix of people as it is a perfect place to talk business, read the papers or enjoy afternoon tea as we did.

After stuffing our faces we headed down to the spa for some treatments to recharge the batteries. The spa is also an impressive space with 18 treatment rooms, aroma and Finnish steam rooms, caldarium, relaxation room and lounge with a complimentary smoothie, juice or fresh fruit.

With a bad back constantly playing up and

Johnstown Estate in Meath ticks all the boxes for a luxury getaway

after the drive from Belfast, the Elimis Deeper than Deep stone massage was just what I needed to relieve the tension.

The massage involved Balinese stones bathed in Frangipani Moni body oil which were worked deep into the muscles.

It was one of the best massages I have ever had and I literally felt like a new man as it fixed quite a few knots in my back. Downstairs from the spa there is also a

hair and make-up salon which I am reliably informed is particularly busy during one of the countless weddings on the estate. leave the grounds of The Johnstown Estate as

everything is on site. room with a dining table that can seat six of the elegant bedroom and bathroom which had a rain shower and free standing bath. Top marks to whoever sourced the king-size bed as it was amazing.

We dined in the hotel's Fire & Salt restaurant where I had one of the most amazing steaks. Specialising in Himalayan salt-aged steaks of up to 36 days seared, sealed and caramelised over charcoal embers, the restaurant is sophisticated but contemporary. The service, like the

food, was first class Irish seafood is also another speciality so I show as the perfectly cooked pasta gave way

on the lights and start the The centre is on the lookou

for one lucky child to switch on the lights. Not only will they get to add sparkle to the iconic building but they will be

the first to welcome Father Christmas, who will be donning his finest red suit accom by his favourite reindeer and sleigh, before heading to the ticketed Magical Christmas Experience along with their

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parents and siblings. **Titanic Belfast's CEO Judith** Owens said: "We want to add sparkle to someone's Christmas by giving them the oppor tunity to lead our celebrations If you know a special child

who would be dazzled to start the countdown to Christmas by turning on Titanic Belfast's twinkling lights, visit titar fast.com.

Titanic Belfast's Magical Christmas Experience runs u til December 23 where children can enter into the Elves' Workshop, join Mrs Claus at her cosy kitchen, hear Christmas tales and meet Santa himself. For more information, visit www.

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ADD SOME **GLOSS TO** YOUR STAY

wn Estate has just aunched the perfect pad for a girls' or bride-to-be weekend away.

The Mulberry is a deluxe suite which spans the width of three rooms and leeps six with two bathrooms and three showers. The plush lounge area includes a wine fridge. Nespresso machine, 50" TV, a Bluetooth Bose peaker and seating for everyone in the suite

In addition, there are four hair and make-up stations lit by nearly 50 LED ulbs to ensure a flawless make-up and hair finish.

"This concept is totally unique to The Johnstown Estate." said Anthony Smiddy, general manager. "The idea came from the number of brides who wanted to get married from the hotel. We wanted to develop a space where they could build memories with their ' do crew' while getting ready.

"It's also a perfect spot for a group of friends who want to spend as much time as possible together while away."

Gloss at the Spa has also opened for grooming treatments including manicures, pedicures, facials, skin analysis make-up, tanning and brows.

A gold and jewel-coloured suite, including a treatment room and 12 treatment stations, this is the perfect spot for exclusive use by a group of up to 10. A typical booking would include two half-hour treatments, skin analysis and a make-up tutorial, accompanied by a cocktail and hors d'oeuvres. Packages: Sparkle at The Mulberry — €1,500 per

- Overnight stay in The Mulberry
- Delicious full breakfast Moet & Chandon champagne and
- hors d'oeuvres upon arrival
- Two 30-minute treatments per pe son in Gloss at the Spa
- Cocktail and hors d'oeuvres in Gloss at the Spa
- Four-course dinner at Fire & Salt, the hotel's contemporary fine-dining restaurant
- Turn down service with luxury chocolates and Elemis pillow sprav
- Late check-out until 2.30pr (subject to availability) • Complimentary access to The

Leisure Club The Gloss Getaway — starting at €339 per two people sha

- An overnight stay in a Deluxe
- Delicious full breakfast
- A 30-minute treatment in Gloss at The Spa
- Prosecco with hors d'oeuvres serve in Gloss at The Spa
- Four course dinner at Fire & Salt Complimentary access to The Leisure Club
- FACTFILE:
- Prices for the Executive Suite in which I stayed start at €199 per night and the Deluxe King room which has the same luxurious design but without the living space is priced from €109 per
- To book visit www.thejohnstow estate com

sensation

For mains my 28 day-aged fillet steak was cooked exactly medium rare as I requested and was full of flavour. My partner ordered a wonderfully moist roast chicken supreme with gratin potato, wild mushroom and tenderstem broccoli which again showed flair in the kitchen

(left) the swin

Being a bit indecisive I opted for two sauces on the side – a peppercorn one and a whiskey, mushroom and pancetta sauce. Both were quickly gone as I used them to dip the very moorish triple-cooked chips as well as pieces You really have no need whatsoever to of my steak in them.

When your steak is brought to the table the server will shave off salt over it from a block Our room for the night was a superb suite of shimmering, pinky-orange Himalayan rock a 40-minute drive away and the designed in soothing grey and blue tones called salt. It all adds to the theatre of the service and the Executive Suite. It has a spacious living put a smile on my face.

BUZZING

We shared a dessert which would quite possibly be part of my death row meal (not that I ever think I would be there!). That was a popcorn chocolate bar served with a white chocolate cremeux, salted caramel, beetroot gel, toffee popcorn and chocolate sauce.

After dinner we enjoyed drinks in The Coach House bar which has such a homely feel with its snugs, booths and blazing fire.

I definitely savoured my pint of Guinness when there. Make sure to also check out its also family-friendly lodges had a superb seafood linguine for starters. It creative cocktail list. On the Friday night we available to stay in on The was faultless but my other half's ricotta and were there the place was buzzing with some goat's cheese ravioli was the real star of the great live Irish music.

If you feel you have overindulged and you trust me you will be back, just as l to a wonderfully cheesy centre. A real taste will (overindulge, maybe not feel it) you could most definitely will.

walk around the beautiful estate grounds t check out the hotel's leisure facilities

These include a superbly-stocked fitness suite, 30 scheduled classes including circuits or voga, a jacuzzi outdoor Canadian hot-tub and award-winning Prunty pitch.

It is little wonder that Premiership and international football and rugby clubs often use the hotel as a training

If you want to be a bit more adventurous and venture further afield, Tayto Park theme park and zoo is around estate is 35 minutes from Dublin city centre and Kildare Village.

Having been to Tayto Park on a previous occasion I would definitely rec

As well as getting a tour of the Tayto factory, the park is home to Europe's largest wooden rollercoaster with an inversion, the Cú Chulainn Coaster, and many other rides.

If you are heading there and travelling with children it is worth noting there are ohnstown Estate grounds.

Once you do stay at the estate

The Gloss suite and Fire & Salt



pool at the estat