

Terms & Conditions of Club Membership

1. The Club

Members of the Club are bound as a Condition of Membership to comply with the Rules set out below. Where membership is referred to this also includes residents of the hotel. This is to ensure that the facilities are properly and safely used and that all Members have full advantage of them without interfering with the enjoyment of others. The Club will be administered by its Manager and/or such persons as the Owner shall decide. The Owner has the sole responsibility for the control and operation of the Club. The extent of the facilities of the Club and any additions, deletions or replacements thereof shall be at the Owner's sole discretion.

2. Membership

Adult membership is from 16 years onwards. Membership does not include use of spa facilities. 30 days written notice by email is required to cancel your membership. Membership fees are due up to the date of such cancellation. A minimum of 3 direct debits excluding the 2 months upfront must be paid before any member is eligible for cancellation. Please note that notice is required 30 days prior to the day the Direct Debit is collected. If any member wishes to terminate his/her membership before expiration of its' terms no refunds or concessions will be made.

Unless expressly stated in the Club Health Questionnaire the Member acknowledges that he/she is in good health and is not suffering from any illness or medical condition. Applicants who are unsuccessful will not be given any reason for such refusal of membership. Club Membership may be terminated by management at any time for violation of any rule or regulation of the club or for conduct deemed to be detrimental to the welfare, good order or character of the club and its Members or for any other reason at the sole discretion of the management committee. No refunds shall be made where rules and regulations were breached.

The Owner and Management of the Club reserve the right to require any Member, Guest or other persona to leave the Club premises at any time. Membership not renewed within 10 days of its expiry is deemed to have expired. Direct Debit payments will be automatically renewed unless we have been notified as above. Membership may be renewed on payment of the prevailing fee and in accordance with the terms and conditions then in force. Membership is not transferable from person to person. Members should note that this provision includes the non-transfer of Membership from one person to another within the same family.

By joining the Club, Members automatically accept and agree to be bound by these conditions of membership. Children under 16 years of age must be supervised at all times by an adult. The Owner may withdraw use of all or part of the facilities of the Club for the purpose of undertaking maintenance work or any other works considered necessary. Compensation will not be given for any such closure.

On acceptance of an application for Membership, the applicant will be issued with a Membership card. All Members must produce their Membership cards on each occasion they wish to obtain entry to the Club facilities. The Owner and Management of the Club reserve the right to restrict the number of persons using the Club at any one time. The Club Management reserves the right to utilise the Club facilities for special events, classes or other activities it may deem desirable.

Under 16's are not permitted to use the Thermal Suite, gymnasium or relaxation area. Membership fees will be reviewed annually and Management reserve the right to increase fees as required. Members may be subject to a price increase within their 12-month contract after prior notification. Please note on couple or family memberships only the primary member will receive correspondence. Temporary suspension of membership is not permitted. Joining fee is subject to change by management.

Corporate/Student Membership- Members are required to submit a current and valid ID otherwise full rates will automatically apply.

3. Safety and Hygiene

Members must (a) participate in a gym education class before using any gym or studio equipment or (b) Tick the box on the application form stating you are a competent gym user.

Members shall not use the facilities of the club whilst under the influence of alcohol, anti-coagulants, anti-histamines, vasa constrictor, narcotics or tranquillisers.

Members with diabetes, heart problems, high/low blood pressure, on strong medical prescriptions, or who have any form of medical condition should consult their doctor before using any of the club's facilities in order for them to be satisfied beforehand that it is safe for them to do so. Members must also furnish club with a letter of clearance from their GP. Members are particularly advised not to undertake strenuous physical activity for which they might be medically unfit and the Owner will not be in any way responsible for any harm which may come to a Member as a result of any such physical activity. Members are advised to have a medical check up before embarking on strenuous activity. Members are advised to allow at least one hour after partaking of a meal before using the club's facilities. Members must use the shower before entering the pool area. No food or drinks is to be brought into any part of the club and only food and drink purchased in the Club may be consumed on the premises. Smoking is prohibited throughout the club.

4. Dress Code

Members and Guests are required to dress in a proper manner appropriate to the various club activities. Clean sports shoes and socks are required when using the gym. Swimwear must be worn in the sauna/steam room. As a courtesy to other members/guests it is compulsory to shower before using any of the club facilities.

5. Code Of Conduct

- (a) All members are expected to behave properly in the interest of the correct use and enjoyment of the club.
- (b) Any members whose conduct is considered to be detrimental to the best interest of the Club or its reputation may have his/her membership suspended or terminated.

6. Opening Hours

- (a) The times at which any or all of the facilities shall be available to Members and Guests shall be at the discretion of the Owner and stated in handbook and on display in the reception area.
- (b) The Owner reserves the right to alter the opening hours of the club.
- (c) Members must vacate the Pool, Gym etc. 30 minutes before closing.

7. Lockers

- (a) Lockers are provided (subject to availability) for use by Members whilst using the Club, €1 refundable.
- (b) Each Member must ensure that the contents of the lockers are removed at the end of his/her visit. The Club reserves the right to remove the contents from any locker which has not been emptied.
- (c) Property cleaned from lockers by the Club will be donated to charity if unclaimed after 30 days.

8. Liability

- (a) Each Member engaged in the activities of the Club or making use of its facilities is responsible for ensuring that he/she is properly equipped and that his/her state of health and physical condition are such as to involve any risk to himself/herself, nor to any other person making use of the club.
- (b) The Club accepts no liability for accident, injury or misadventure caused to any person whilst using the Club. Members are responsible for their own insurance arrangements in respect of any injuries which may be suffered by them or caused to them by any third party, whilst using the Club facilities.
- (c) The Member acknowledges that the club will not be responsible or held liable for the loss of any personal items or damage to personal property either on the club premises or in the Club parking area.
- (d) The Club will use its best endeavours to ensure that all facilities, apparatus and equipment are maintained in working order but the Club accepts no responsibility to the Member for failure or breakdown of any equipment or apparatus howsoever caused.
- (e) Lockers are provided in the changing room for daily use by Members. Personal belongings may not be left overnight in lockers. A charge will be applied if items are to be retrieved on this basis. The Club does not accept any responsibility for loss or damage to goods to any Member. In particular the Club does not accept responsibility for loss or damage to the valuables of any person whilst on Club premises.
- (f) Parking is only permitted in the designated parking spots

9. Variations

The management reserves the right to amend and add to these Conditions of Membership and Rules as it sees fit and Members shall observe any amended or additional Conditions or Rules.

10. Complaints and Disputes

Any complaints concerning the Club or dispute or ambiguity about the interpretation of these conditions of Membership and Rules shall be referred to the Owner of the Club whose decision shall be final and binding.

11. Particular Facilities

- (a) **Gymnasium**
For safety reasons this area must be kept dry. Users of these facilities are therefore forbidden from entering the gymnasium whilst wearing wet clothes. Members are advised to carry a towel whilst using the gym. The booking of a fitness assessment is available at reception. Under 16's are not permitted to use the gym. Members are not permitted to conduct personal training sessions with other members of the gym. Members are not permitted to have their own personal trainers in the gym, however the Club will provide a list of certified personal trainers.
- (b) **Swimming Pool**
In the interest of hygiene, users of the swimming pool are required to shower before swimming. Diving or any misconduct which interferes with the proper use and enjoyment of the pool is strictly forbidden. Instructions from the lifeguard on duty must be strictly adhered to. Swim hats must be worn at all times in the swimming pool. Under 16s must be accompanied by an adult. Adults may supervise a maximum of 2 children, the adult must be in the pool with the children.
- (c) **Indoor and Outdoor Jacuzzi Pool**
Swimwear must be worn in the Jacuzzi at all times. Under 16's are not permitted to use the Jacuzzi.
- (d) **Thermal Suite**
As a courtesy to other members/guests it is compulsory to shower before using the thermal suite. Under 16's are not permitted to use the Thermal Suite. Members must be in full physical health when using the thermal suite.
- (e) **Outdoor Area**
The outdoor area is strictly an adult only area (16 years and above). The outdoor area is open all year round whether permitting.

