

SUNDAY LUNCH Sample Mena

Soup of the Day

Served with selection of fresh breads Contains 1, 4

Salad Caprese

Marinated tomato, buffalo mozzarella, courgette, rocket, balsamic and red pepper *Contains 2, 6*

Oak Smoked Salmon

Pickled fennel, beetroot, citrus confit, beetroot aioli Contains 2, 9

Warm Marinated Beef Salad

Egg noodles, coriander, spring onion and lime, asian dressing, pineapple salsa *Contains 1, 2, 5, 7*

Roast Sirloin of Irish Beef

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Yorkshire pudding, pomme puree, roast gravy, watercress Contains 1, 2, 5

Honey Glazed Gammon & Roast Turkey

Parsley and shallot stuffing, mash potato, caramelised baby carrot Contains 1, 2

Pan Fried Fillet of Hake

Parmesan crusted potato, glazed asparagus, cauliflower puree, citrus beurre blanc *Contains 2, 3*

Free Range Chicken Supreme

Creamed potato, tenderstem broccoli, wild mushrooms, bacon cream jus *Contains 2, 4, 12*

Provencal Vegetable Risotto

Shaved parmesan, slow roast cherry tomato, rocket and lemon Contains 2, 5,6

Warm Chocolate Brownie

Chocolate sauce, lime sponge, meringue Contains 1,2, 5, 6

White Chocolate & Raspberry Dome

Raspberry gel, white chocolate cremeux, raspberry sorbet Contains 1, 2, 5, 6

Sticky Toffee Pudding

Salted caramel, chantilly cream, date paste Contains 1, 2, 5, 6

Selection of Ice Cream

Fruit coulis, chantilly cream Contains 2, 5

2 Course Lunch €32.00

3 Course Lunch €38.00

Please note that our chefs prepare all dishes to order, using fresh ingredients. If you prefer your meal without certain ingredients, feel free to ask and we will do our utmost to facilitate your request.