

## SWIM LESSONS 2024

TIME GROUP TIME GROUP TIME GROUP TIME GROUP  10am Parent Baby 10.30am Parent & Tot Frogs Goldfish Penguins Pre-school Swim Pre-school Swim Pre-school Swim 12.45pm Pre-school Swim 12.45pm Pre-school Swim 12.00pm Pre-school Swim Pre-school	TUESDAY 3rd September		WEDNESDAY 4th September		SATURDAY 7th September		SUNDAY 8th September		
10.30am Parent & Tot Goldfish Parent & Tot Penguins Pre-school swim Progs Goldfish Seals Progs Goldfish Penguins Progs Goldfish Penguins Progs Goldfish Penguins Sharks Penguins Progs Goldfish Penguins Progs Goldfish Penguins Progs Goldfish Penguins Sharks Penguins Sharks Penguins Progs Parent & Baby Goldfish Penguins Progs Parent & Baby Penguins Progs Parent & Tadpoles Goldfish Penguins Progs Parent & Baby Penguins Progs Parent & Tadpoles Goldfish Penguins Sharks Penguins Progs Parent & Tadpoles Seals Stingrays Goldfish Seals Parent & Tot Pre-school swim Pre-school swim Progs Penguins Progs Penguins Progs Parent & Tot Penguins Progs Penguins				•		•		•	
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12.45pm Pre-school Swim	10.30am	Parent & Tot		Goldfish		Parent & Tot			
1.20pm Pre-school Swim   1-adpoles   Frogs   Stingrays   Stingrays   Stingrays   Stingrays   Stingrays   Stingrays   Stingrays   Seals   Seal	11am	Parent & Tot		Penguins				Goldlish	
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7.00pm Beginner Adults Improver Adults A limited number of swim assessments are available if you are unsure of the ability level – contact reception for details		Snarks							
contact reception for details				swimmers					
All Lessons are 35 mins, except Parent & Baby/Tots which are 30 mins		mprover Adults							
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