



SOUP

Soup of the Day €7.90

Always Fresh, Vegetarian & Dairy Free.

1, 4, 7

LIGHT BITES

Pesto Chicken & Mozzarella Panini €13.90

Chicken Fillet Marinated in Pesto & Baked with Grated Mozzarella.

1 (Wheat), 2, 6 (Pine Nut), 11, 12, 14

Roast Vegetable Quiche €13.00

Roasted Mediterranean Vegetable Slow Cooked with Feta Cheese. Tomato Salad,

House Dressing. 2, 3, 5, 12

Irish Smoked Salmon €13.90

Guinness Bread, Herb Philadelphia Cream Cheese, Irish Smoked Salmon.

1 (Wheat), 2, 5, 8, 12, 14

Spiced Chickpeas

on Sourdough Bread (V) €12.90

Fresh Crushed Avocado & Lime Juice.

1 (Wheat), 7, 12

Thai Beef Noodles €13.90

Egg Noodles, Marinated Beef Julienne, Tossed with Fresh Chilli, Ginger, Lemongrass & Garlic.

1 (Wheat), 5, 7, 11, 12, 14

Chicken Caesar Salad €12.50

Chargrilled Chicken Breast, Crispy Bacon

Lardons, Fresh Baby Gem Lettuce, Shaved

Parmesan, Homemade Caesar Dressing.

1 (Wheat), 2, 5, 12, 14

Spa Cocktail Menu

Hendrick's High Tea - €13.50

Hendricks Gin, St. Germain Elderflower Liqueur, Cucumber & Earl Grey Syrup, Lime, Cracked Black Pepper, Tonic. Served in a Hendrick's Afternoon Tea Set

Thyme & Bergamot Spritz - €13.50

Italicus Bergamot Citrus Liqueur, Soda, Topped with Prosecco, Thyme & Lemon Garnish

Berry Smash - €12.50

Absolut, Raspberry Syrup, Lemon, Mint, Raspberry & Mint Garnish

The Lady Prendergast - €13.50

Hendricks Gin, Cointreau, Lemon, Rich Demerara syrup, Topped with Soda, Lemon Twist Garnish

WHITE WINE

Lucci, Pinot Grigio - Veneto, Italy

Pa Road Marlborough Sauvignon Blanc - Marlborough, New-Zealand

Herbe Sainte Chardonnay - Languedoc, France

Glass

Bottle

€9.50

€38

€10

€40

€10

€40

ROSÉ WINE

Classique Rosé - Ardeche, France

€9.50

€38

RED WINE

Torrelongares Tempranillo - Spain, Carinena

Cassone Reserva, Malbec - Mendoza, Argentina

Herbe Sainte Cabernet Sauvignon - Languedoc, France

€9.50

€38

€11

€42

€10

€40

SPARKLING WINE & CHAMPAGNE

Bosco dei Cirmoli, Prosecco Frizzante - Vento, Italy

Möet & Chandon NV - Champagne

Möet & Chandon Rosé - Champagne

€9.50

€42

€130

€160

DESSERTS

Warm Chocolate Brownie €8.90

Homemade Fudge Sauce & Vanilla Bean Ice-cream.

1 (Wheat), 2, 5, 12

Apple Crumble €8.90

Baked Apple Crumble, Warm

Crème Anglaise & Fresh Berries.

1 (Wheat), 2, 5, 12

Mango Sorbet €8.90

Seasonal Mixed Berries.

12

HOT BEVERAGES

Americano €3.70

Espresso €3.20

Cappuccino, Café Latte €4.00

Herbal Tea €4.00

Tea €3.20

COLD BEVERAGES

Coke/Club Orange/7up €3.50

Sparkling/Still Water €5.50

Allergens: 1 Wheat | 2 Milk | 3 Mustard | 4 Celery | 5 Eggs | 6 Nuts
7 Soya | 8 Crustacea | 9 Fish | 10 Mollusc | 11 Sesame Seeds
12 Sulphur Dioxide & Sulphites | 13 Peanuts | 14 Lupin



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Walk in. Float away.