



# SWIM LESSONS 2026

TUESDAY Starting April 28th		WEDNESDAY Starting April 29th		SATURDAY Starting May 2nd		SUNDAY Starting May 3rd	
10.00am	Parent & Baby	3.30pm	Tadpoles	7.30am	Parents & Tots	7.30am	Pre-school swim
10.30am	Parent & Tots		Goldfish		Pre-school swim		
11.00am	Parent & Baby		Frogs				
12.45pm	Pre-school swim		Penguins	8.00am	Parents & Tots		Pre-school swim
1.20pm	Pre-school swim	4.10pm	Tadpoles		Pre-school swim	8.00am	Frogs
1.55pm	Pre-school swim		Frogs		Goldfish		
			Goldfish		Stingray		Goldfish
			Seals	8.40am	Tadpoles		
3.30pm	Tadpoles	4.50pm	Frogs		Frogs	8.40am	Tadpoles
	Frogs		Tadpoles		Goldfish		
	Goldfish		Penguins		Penguins		Goldfish
	Penguins		Sharks	9.20am	Parent & Baby		
4.10pm	Frogs				Goldfish		Pre-school swim
	Goldfish	5.30pm	Tadpoles		Penguins	9.20am	Frogs
	Seals		Frogs		Sharks		
	Sharks		Goldfish				Penguins
4.50pm	Tadpoles		Seals	10.00am	Parents & Tots		
	Goldfish	6.10pm			Tadpole	10.00am	Pre-school swim
	Seals		Tadpoles		Seals		
	Stingrays		Frogs		10.40am	Pre-school swim	
		Penguins			Frogs		Goldfish
5.30pm	Frogs			11.20am	Parent & Baby		
	Goldfish						
	Penguins						
	Lane Swim						
6.10pm	Frogs						
	Goldfish						
	Penguins						
	Sharks						
7.00pm	Adults						

Cost: members = €110, non-members = €130. Only 1 adult may attend with a child.  
 Parent and Baby/Tots: €120 (members/non-members)  
 Booking opens Monday 13th April for current swimmers & Wednesday 15th April for new swimmers.

Swim assessments are available for new swimmers; please arrange a swim assessment prior to booking to ensure you are in the correct group, as a refund will not be available. Call 0469540020 to book.

All Lessons below the tadpole grade, which is for under 5 years old, are 30 minutes  
Current swimmers may book into the group they are currently in on the day swim certs are issued. If a swimmer is changing group, day, or time, they must wait until the following Monday.  
 Parent and baby = 4-18 months, Parent and tot = 18 months to 3 years, preschool = 3-5 years  
 Tadpole groups and above requires a minimum age of 5 years old.  
**NO REFUNDS WILL BE MADE AFTER BOOKING IS CONFIRMED.**