

# Soups

## Estate Soup of the Day €8.00

Made using Fresh Seasonal Ingredient's, Soda Bread & Irish Butter 1a,3,7,9,12

# Sandwiches & Salads

## Smashed Avocado & Eggs €13.00

Toasted Sourdough, Free Range Poached Eggs, Smashed Avocado, Dressed Rocket 1a,3,12

## Croque Mademoiselle €13.00

Gruyere Cheese Bechamel, Sourdough, Roasted Portobello Mushrooms, Gruyere Brulée  
1a,3,6,7,10,12

## Warm Spanish Style Frittata €12.50

Marinated Greek Feta, Sundried Tomatoes, Roasted Red Peppers. Kalamata Olive &  
Citrus Salad 7,12

## Chopped Avocado & Kale Bowl €12.50

Kale, Avocado, Roasted Squash, Pumpkin Seeds, Quinoa, Miso Dressing 1a,6

## Estate Caesar Salad €12.50

Cos Lettuce, Smoked Lardons, Herb Croutons, Shaved Parmesan,  
Homemade Caesar Dressing 1a,3,6,7,10,12

*Choice of Wrap or Salad*

## Irish Smoked Salmon on Porter Loaf €14.50

Guinness Loaf, Dill & Citrus Cream Cheese, Lemon, Mixed Leaf Salad 1a,1c,3,4,7,12

**Succulent Chicken €3**  
**Crispy Bacon €3**

**Add On**

**Marinated Beef Strips €4**  
**Irish Smoked Salmon €4**

# Something Sweet

## Tropical Mango & Passion Fruit Cheesecake €9.00

1a,3,6,7

## Homemade Chocolate Brownie with Raspberries €9.00

3,6,7

## Vegan Chocolate & Coconut Tart €9.00

1a,1b,6,8 (Walnuts)

1 = Cereals Containing Gluten 1a- Wheat- 1b Rye 1c. Barley 1d. Oats 2 = Crustacean 3 = Eggs 4= Fish 5 = Peanuts 6= Soybean 7- Milk 8 = Nuts 9 = Celery 10 = Mustard 11 = Sesame Seeds 12 = Sulphur Dioxide 13 = Lupin 14 = Mollus